



Farington Moss St Paul's Online Safety Newsletter

Issue 12. Winter 2023

'Thrive in the Gift of Life.' John 10 : 10 '



Supporting Children in a Digital World

Internet matters.org is another useful source of information for helping parents to support their children in a digital world.

In our digital age, there are many issues to understand and tackle. Sometimes it can be overwhelming.

If you are looking for a starting point then this page maybe what you need?

<https://www.internetmatters.org/advice/6-10/>

Internet Matters has also produced a useful guide. The guide has lots of step-by-step ideas for conversation starters with children, as well as useful advice to help and support you.



At the moment Internet Matters are running a festive competition. It's still not too late to join in and win prizes!

<https://www.internetmatters.org/festive-fortnight/>

Online Safety at Christmas

The Christmas holidays are always a good time to revisit important online safety messages at home. If you need a starting point for your discussions, then don't forget the NCPCC's website has many useful tips.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/>

Does your child like building with Lego? On this page there is a link to a resource called 'Build and Talk.'

These are activities designed for you as a parent to facilitate online safety discussions in a fun way. For more information about this resource follow the link below.

<https://www.lego.com/en-gb/sustainability/children/buildandtalk/>



Pegi Ratings

Not sure what the latest Pegi ratings are? All games consoles have parental control settings to allow you to limit your child's gaming to age-appropriate games based upon the PEGI rating. For more information about the different age levels and descriptors visit: <https://pegi.info/>



Social Media Platforms and Apps

Social Media is a part of modern life of our everyday life. If you need more information to help navigate social media the Safer Internet Centre and SWGfL have written useful guides about all social media platforms and apps. These helpful lists provide key information about each platform including the age restrictions. Most Social Media platforms have an age restriction of 13+ to set up an account and /or use their services (WhatsApp is 16+).

<https://saferinternet.org.uk/guide-and-resource/social-media-guides>

<https://swgfl.org.uk/topics/social-media/>



Free Online Safety App

The National Online Safety has produced a free mobile application for parents. This can be accessed via the Apple Store or Google Play. This comprehensive online safety app, it's packed with insightful courses, explainer videos, webinars and guides on topics that will help you protect the kids you care about when they're online. This app is designed to help you as a parent stay in the know with the latest developments in apps, games and platforms. If you would like more information, please visit

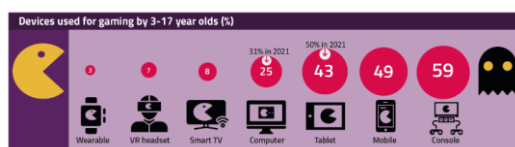
<https://info.nationalcollege.com/mobile-app>



Ofcom Report 2023

Are you interested in statistics? Ofcom have produced a new edition of the report for 2023. It has many interesting findings from their recent survey. The report shows interesting trends in how children are using technology.

<https://www.ofcom.org.uk/research-and-data/media-literacy-research/childrens/children-and-parents-media-use-and-attitudes-report-2023>



Useful Website Links

SWGfL

<https://swgfl.org.uk/online-safety/10-online-safety-tips/>

UK Safer Internet Centre

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

CEOP

<https://www.ceop.police.uk/Safety-Centre/>

NSPCC

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>