



MONDAY MEMO

9th September 2024



Welcome back to school

As we open our doors to another year of learning, we extend a warm welcome to all our pupils and staff, especially our new Reception class who have already made a great start to their journey here at St. Paul's.

As a reminder, our school newsletter is shared each Monday.

Celebration assembly will continue to be on a Friday each week at 2:30pm. Parents/carers of those children who have been chosen for an award, will be invited 1 week prior.

To ensure you do not miss any important updates, please ensure you continue to access both Class Dojo and School Money.

We look forward to welcoming you along over the next year to

celebrate all that is wonderful about our school community.



Diary Dates

Wednesday 11th September

Year 6 Residential

Year 2 Forest School begins

Girls Year 5/6 Football

Thursday 12th September

Year 5 Forest School begins

Saturday 14th September

FOSPS Autumn Fayre 11:00am-2:00pm

Monday 16th September

Year 4 History Fest

Tuesday 17th September

Reception class photographs—Chorley Guardian

Year 4 Multiplication Check Meeting 3:30pm

Thursday 19th September

Year 5/6 boys football

Tuesday 24th September

Year 3/4 Inclusion Festival

Thursday 26th September

Year 5/6 boys football

Friday 27th September

Year 1 Reading breakfast 09:05am

Thursday 3rd October

Year 5/6 boys football

National Poetry Day

Friday 4th October

Harvest Festival 09:30am

Thursday 17th October

End of term awards 09:05am

Reception Reading Evening 5:00pm

Friday 18th October

School closes for half term 3:20pm

Attendance

w/b 02/09/2024

Reception 98%

Year 1 96%

Year 2 95%

Year 3 98%

Year 4 98%

Year 5 97%

Year 6 99%

Whole School Overall 98%

Target 97%

School Uniform

We are really proud of our school uniform and expect all children to wear it and have their PE kits in school. Please find a list of the uniform on our website, including our expectations around skirt lengths, hairstyles and jewellery.

School Money



All school dinners, clubs and trips are bookable/payable through your School Money account. We encourage you to download the Teachers2Parents app for convenience. The school office will be pleased to support you with the online system, after referring to the user guide previously shared and available on our website.

Worship Values

Our worship value this half term is





Parish News & Events

Coffee mornings Tuesdays 10:00am-12:00pm

Sung Eucharist for all the family, followed by tea and coffee Sundays 11:00am-12:00pm

Said Mass Tuesdays and Thursdays 10:00-10:30am

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Change can be hard for children to manage. Going back to school after a long summer break might cause them to feel uncertain about their friendships, school routines and relationships with new teachers. However, trusted adults play an important role in providing both practical and emotional support.

1 LEARN WHAT EQUIPMENT YOU NEED

Figure out a list of all equipment needed for the start of the school year, so you can comfortably get your hands on the necessary items in time. If children have any financial issues and receive free school meals, the school may be able to provide some monetary aid or offer other support.

2 COMMUNICATE WITH THE SCHOOL

If you notice that a child is feeling anxious about a change of teacher or school, arranging a one-to-one meeting with their new teacher can be a good way to alleviate some of the anxiety. Just knowing that they understand the child's worries and will be able to help them if the need arises can build the foundations of a good working relationship. Knowing that you can contact them with any queries can also be reassuring.

3 CHECK THE SCHOOL WEBSITE

There will be plenty of information about the start of term on the school's website to keep you updated. Furthermore, you should be able to find other useful information such as contact details for staff, important school equipment, clubs, and news about any special events on the school calendar for the year. It could be helpful to look through this with children for anything which might reassure them.

4 HELP TO MANAGE FRIENDSHIPS

If a child is feeling anxious about making new friends – especially if they're moving up to secondary school – it can be a good idea to remind them of what they could do or say when meeting new classmates. Investigating the extracurricular activities available could be a good way to open a conversation about their hobbies and pastimes, and joining such clubs could allow new friendships to be built on this mutual interest.

5 PLAN SELF-CARE

Talking to children about how they can manage their self-care can be an effective way of helping them understand its importance. This might involve playing a computer game they love with friends, a weekly visit to the library, getting to bed at the same time each night, or a range of other activities that support their wellbeing and provide the familiarity and safety of a routine that works for them.

6 MANAGE TRICKY FEELINGS

Explain that it's okay to have difficult feelings around returning to school. This can help reduce any shame or embarrassment a child might be feeling over these emotions. Emphasise that other children – even some of the teachers – will be feeling the same way. Consider practical ways to manage these feelings and help children feel more in control of their emotions. Some examples include fidget toys, breathing exercises or a notepad for doodling.

7 SECURE A SCHOOL UNIFORM

Parents and carers should try to buy a child's uniform for the new academic year well in advance of the new term (although allowing for potential holiday growth spurts) and give them time to adapt to any changes. Make sure they can comfortably change into and out of it for PE lessons. Double check the requirements for PE on the school's website, as some schools will also have requirements for PE kits.

8 PREPARE FOR TRANSITION DAYS

Ensuring that children attend transition days is a vital step in preparing for the new year. Some schools also have transition evenings for parents and carers to attend, offering extra opportunities to reach out for any additional support.

9 READ THE MENTAL HEALTH POLICY

If a young person struggles with their mental health, it's important to understand their school's mental health policy and provision to know what support is available. This should be on the school's website. A range of aid is typically on offer – from individual timetabled appointments to group sessions on emotional wellbeing. You can then discuss these options with the child to reassure them that help is there if they need it.

10 LEARN ABOUT SEN SUPPORT

If a child has SEN and receives help in school, try to confirm exactly what support is available, to ensure they'll be having their needs met. If they're moving up to secondary school, it's a good idea to meet with the SENCO to ensure that all teachers receive the most relevant, up-to-date information about the child's needs and have a contact to liaise with if these change over time.

Meet Our Expert

Amy Sayer is a freelance mental health trainer for schools, an author and a content writer. She is an Associate for Diverse Educators, a fellow of the Chartered College of Teaching and an ITT wellbeing coach. Amy has previously been a SMH coach, helping many different settings audit their mental health provision and support them to create and implement a strategic plan based on the specific needs of each setting.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-going-back-to-school>

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The poster has a light blue background with stylized white clouds. At the top, a string of colorful triangular bunting (yellow, red, green, and orange) hangs across the frame. A large, curved orange banner with a 3D effect is positioned in the upper middle. The text 'FOSPS' is written in large, white, serif capital letters on this banner. Below the banner, the words 'AUTUMN FAIR' are written in a red, serif font, following the curve of the banner. In the center, a white cloud contains a yellow flower with a red center. Below the flower, the date and time 'Saturday 14th September 11 – 2pm' are written in a red, serif font. Underneath that, the school's name 'FARINGTON MOSS ST. PAUL'S PRIMARY SCHOOL' is written in a dark green, sans-serif font. Below the cloud, the text 'JOIN US FOR A FUN FAMILY DAY OUT!' is written in a red, sans-serif font. Further down, the activities 'STALLS, GAMES, FACE PAINTING, FOOD/REFRESHMENTS AND BOUNCY CASTLE!' are listed in a dark green, sans-serif font. At the bottom left, there is a logo for FOSPS featuring five stylized figures in red, orange, yellow, green, and purple holding hands, with the letters 'FOSPS' in blue below them and five small hearts in red, orange, yellow, green, and purple at the very bottom. The logo is enclosed in a thin black border. In the bottom right corner, there are three white flowers with yellow centers. The overall design is bright and festive, typical of a school fair poster.

FOSPS

AUTUMN FAIR

Saturday 14th September
11 – 2pm

FARINGTON MOSS ST. PAUL'S
PRIMARY SCHOOL

JOIN US FOR A FUN FAMILY DAY OUT!

STALLS, GAMES, FACE PAINTING,
FOOD/REFRESHMENTS AND
BOUNCY CASTLE!





SCHOOL ADMISSIONS PRIMARY SOUTH

Do you have a child starting
primary school in September 2025
and living in Lancashire?

Closing date: 15 January 2025

You **must** apply even if a brother or sister is already at the school, or the school is linked to your child's nursery. Please read the admission criteria for your chosen schools on the website, or get a copy from them.

Apply for a school place now by scanning
the QR code or visit lancashire.gov.uk/schools



If travel cost is an important factor in your school preference,
please check the guidance on our website, or call **01772 532109**.

**HAVE
YOUR SAY**

*Between 1 October and 31 January schools are consulting with
you to make sure admission arrangements meet future needs.
To find out more please visit www.lancashire.gov.uk/schoolplaces
and click 'school admission policies'.*

lancashire.gov.uk



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WWW.CLEANAIRCREW.CO.UK

EMBEDDING AIR QUALITY AND ENVIRONMENTAL EDUCATION INTO CORE CURRICULUM LEARNING

Your school has signed up to the education resource www.cleanaircrew.co.uk, an interactive website to educate and engage children on the issue of air quality in a safe, fun environment.

There is no intention to scare and although the impacts of air pollution are potentially severe, our aim is to raise awareness in the hope of mitigating against future problems.

We are inviting parents to sign up for full access to the main site as some schools use the resource for homework activities but also because, beyond the core curriculum activities, it is our hope that the resource provides a fun platform to nurture wider engagement within families and communities on this important issue.

Your school's unique code to enter when signing up for home learning access is:

SRFMSTP

Please ensure you select the parent option when completing the form.

Once access is approved you will receive a verification email - **your username will be the email you registered upon signing up and the password will be the unique code mentioned above.** Please check your spam folder as on occasion the verification email may be sent there. Any problems, please get in touch.

We do not share your details with anyone else and they are only collected for the purpose of setting up your account. We may on occasion contact you about site updates and other supporting initiatives you might be interested in. You are free to opt out of these communications at any time. Please refer to our privacy policy on the website for more information.

Thanks for playing a part in making the air cleaner for our children and communities and we hope you enjoy exploring the resource with your young learner.

Please note: Due to Microsoft removing support for Internet Explorer, and to ensure the site remains secure and fully functional, the resource will not work on this outdated browser. It will work on all others, including Edge, Firefox and Chrome and tablet OS. Also, due to the many interactive elements including in the resource it will not function at full capacity on mobile phones.

Go to the website and click sign up



Once on the sign up page click this link



Enter your school's unique code and your details



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0151 934 2728

www.southportecocentre.com

@Eco_Centre

@Clean_Air_Crew

@southporteco.centre