



Monday Memo Newsletter

18th November 2024

Attendance

w/b 11/11/2024

Reception 87%

Year 1 98%

Year 2 97%

Year 3 98%

Year 4 97%

Year 5 94%

Year 6 96%

Whole School Overall 95%

Whole School Target 95%

House Points

The winning team at the end of each half term wins a reward afternoon.

w/b 11/11/24 results are:

Pendle: 187

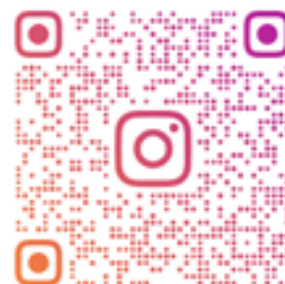
Bowland: 242

Longridge: 144

Parlick: 201

Instagram Page

Please scan the QR code to find our page!



FARINGTONMOSSSTPAULS

Worship Values

Our worship value this half term is Dignity

In the weekly Celebration Assemblies, we will celebrate 1 pupil from each class who has shown the term's value.



Diary Dates

Wednesday 20th November Year 6 Class Worship FOSPS Movie Night 5:45-7:45pm	Friday 22nd November Year 3 Reading Breakfast 09:05-09:30am	Tuesday 26th November Key Stage 1 Multi-skills Day Bishop Philip North the Bishop of Blackburn visit	Thursday 28th and Friday 29th November Workshops on Sikhism and Hinduism with Prags Birk at Cultural Educ-Asian
Thursday 5th December Key Stage 2 Advent Service 6:00pm in Church	Monday 9th December Key Stage 1 Nativity 2:00pm	Tuesday 10th December Key Stage 1 Nativity 6:00pm	Friday 13th December Christmas Dinner & Jumper Day
Tuesday 17th December FOSPS Key Stage 1 Christmas Disco	Wednesday 18th December FOSPS Key Stage 2 Christmas Disco	Thursday 19th December End of term awards 9:05am	Friday 20th December Christingle Service in Church 1:30pm All welcome School closes at 2:00pm Collect from Church

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

TEACHING CYCLE SAFETY

Cycling is an amazing way to spend quality time together as a family, as well as keeping everyone healthy and active – and it's an excellent exercise, whatever the age of your children. Getting started can sometimes be daunting, and there are obvious safety concerns over youngsters who are still getting used to a bike – so follow our top tips to help you ride with confidence.

1 CONSIDER CYCLE TRAINING

Courses like Bikeability are extremely useful, and training in general has come a long way since cycling proficiency began; there are Bikeability courses for adults, too. Cycle training teaches invaluable skills (such as good road positioning, signaling and visibility), and can help both parents and children feel more at ease on busy streets.

2 USE A SUITABLE BIKE

Find a bike of an appropriate size for its rider and resist the temptation to have children 'grow into' theirs by buying one too large for them. A bigger bike will be heavier and more difficult to control, making accidents more likely and potentially putting youngsters off cycling forever. If your child has any specific physical needs, or has dyspraxia, then try out a trike, handcycle or other adaptive cycle to see what works best.

3 TRY A CARGO BIKE

Cargo bikes, particularly the box-bike style, are ideal for transporting small children around. Depending on the type of bike chosen – as well as the size and age of the children – it can be possible to transport up to four little ones in this way, with additional space for other cargo as well.

4 INSPECT YOUR CYCLE

It's a good idea to do some routine checks on any bike before going for a ride to make sure everything's working correctly. The 'M check' is particularly useful: assessing the condition and position of the bike's wheels, handlebars, brakes, pedals, chain and saddle, working from front to back. Online tutorial videos can also teach you how to carry out basic repairs if needed. For more complicated fixes, head to your local bike shop.

5 BRING SUITABLE GEAR

Ensure whatever you're wearing, and any attachments for your bike, are suitable for the ride. A waterproof jacket will let you cycle safely in almost any weather. Make sure any helmets are fitted correctly. If you're riding after dark, remember to fit your bikes with a white front light, a red rear light and a red rear reflector. These are required by law.

6 STICK TO FLAT TERRAIN

Take a smooth, flat route if possible, so it's more suitable for younger cyclists. You might be surprised by how many quiet roads or back streets there may be in your area. Don't be put off by an indirect but easier path as opposed to a shorter, busier one. Look out for the National Cycle Network, canal towpaths and even parks that you can cut through.

7 STAY ALERT AND IN SAFE FORMATIONS

For maximum protection and visibility, ride in a line with children in the middle and adults at either end. If you're the only adult present, take up a position at the rear to ensure all children remain in your sight. Don't be tempted to hug the kerb if cycling on the road – riding approximately a metre out will make you more noticeable to other road users, and you'll also stay clear of any debris in the gutter.

8 AVOID PARKED CARS

When riding past parked cars, try to stay at least a metre away, just in case anyone inside opens a door unexpectedly or the vehicle itself starts to move. This precaution will also deter anyone driving behind from trying to squeeze past you when there isn't enough space, so you won't be afraid to ride in a prominent position.

9 START A 'BIKE BUS'

Cycling to school with other families is a potentially fun experience – one which comes with the added benefit of safety in numbers, in case anything goes wrong along the way. Team up with other parents, carers and educators and pick a day to cycle to school together. Who knows – maybe, in time, you'll have other folks asking to join you?

10 HAVE FUN!

Keep in mind that cycling should be fun! A good bike ride can be really enjoyable for adults and children alike, while also being a superb form of exercise. Ease children into the hobby by starting them off with shorter journeys – such as a trip to the park – and build them up to longer, more complicated outings. Some children may get bored on a longer ride, so try to keep a conversation going with them.

Meet Our Expert

Sophie Gordon is the campaigns manager at Cycling UK, a charity which inspires and enables people to start cycling. She has spent six years campaigning for safer roads and more protected cycle paths, while supporting communities to call for better cycling conditions where they live.



The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/teaching-cycle-safety>

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Parish News & Events

Warm Space (coffee and bacon butties) Tuesdays 10:00am-12:00pm

Christmas Fayre Saturday 16th November 11:00-1:30pm



ST PAUL'S CHURCH
FARINGTON MOSS

Toy & Carol Service

Sunday **8th** December, **11am**

- Please bring new unwrapped toys

★ ★ ★
Thank you
for your
generosity
★ ★ ★

Support children less
fortunate than you are



SCHOOL ADMISSIONS PRIMARY SOUTH

Do you have a child starting
primary school in September 2025
and living in Lancashire?

Closing date: 15 January 2025

You **must** apply even if a brother or sister is already at the school, or the school is linked to your child's nursery. Please read the admission criteria for your chosen schools on the website, or get a copy from them.

Apply for a school place now by scanning
the QR code or visit lancashire.gov.uk/schools



If travel cost is an important factor in your school preference,
please check the guidance on our website, or call **01772 532109**.

**HAVE
YOUR SAY**

*Between 1 October and 31 January schools are consulting with
you to make sure admission arrangements meet future needs.
To find out more please visit www.lancashire.gov.uk/schoolplaces
and click 'school admission policies'.*

lancashire.gov.uk



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SCHOOL ADMISSIONS SECONDARY SOUTH

**Do you have a child starting
secondary school in September 2025
and living in Lancashire?**

Closing date: 31 October 2024

You **must** apply even if a brother or sister is already at the school. Please read the admission criteria for your chosen schools on the website, or get a copy from them.

Apply for a school place now by scanning
the QR code or visit [lancashire.gov.uk/schools](https://www.lancashire.gov.uk/schools)



If travel cost is an important factor in your school preference,
please check the guidance on our website, or call **01772 532109**.

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WWW.CLEANAIRCREW.CO.UK

EMBEDDING AIR QUALITY AND ENVIRONMENTAL EDUCATION INTO CORE CURRICULUM LEARNING

Your school has signed up to the education resource www.cleanaircrew.co.uk, an interactive website to educate and engage children on the issue of air quality in a safe, fun environment.

There is no intention to scare and although the impacts of air pollution are potentially severe, our aim is to raise awareness in the hope of mitigating against future problems.

We are inviting parents to sign up for full access to the main site as some schools use the resource for homework activities but also because, beyond the core curriculum activities, it is our hope that the resource provides a fun platform to nurture wider engagement within families and communities on this important issue.

Your school's unique code to enter when signing up for home learning access is:

SRFMSTP

Please ensure you select the parent option when completing the form.

Once access is approved you will receive a verification email - **your username will be the email you registered upon signing up and the password will be the unique code mentioned above.** Please check your spam folder as on occasion the verification email may be sent there. Any problems, please get in touch.

We do not share your details with anyone else and they are only collected for the purpose of setting up your account. We may on occasion contact you about site updates and other supporting initiatives you might be interested in. You are free to opt out of these communications at any time. Please refer to our privacy policy on the website for more information.

Thanks for playing a part in making the air cleaner for our children and communities and we hope you enjoy exploring the resource with your young learner.

Please note: Due to Microsoft removing support for Internet Explorer, and to ensure the site remains secure and fully functional, the resource will not work on this outdated browser. It will work on all others, including Edge, Firefox and Chrome and tablet OS. Also, due to the many interactive elements including in the resource it will not function at full capacity on mobile phones.

Go to the website
and click sign up



Once on the sign up
page click this link

**PARENTS /
HOME LEARNING**



**CLICK HERE TO
SUBSCRIBE AND
ENTER THE CODE
PROVIDED BY
YOUR SCHOOL**

Enter your school's
unique code and
your details



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