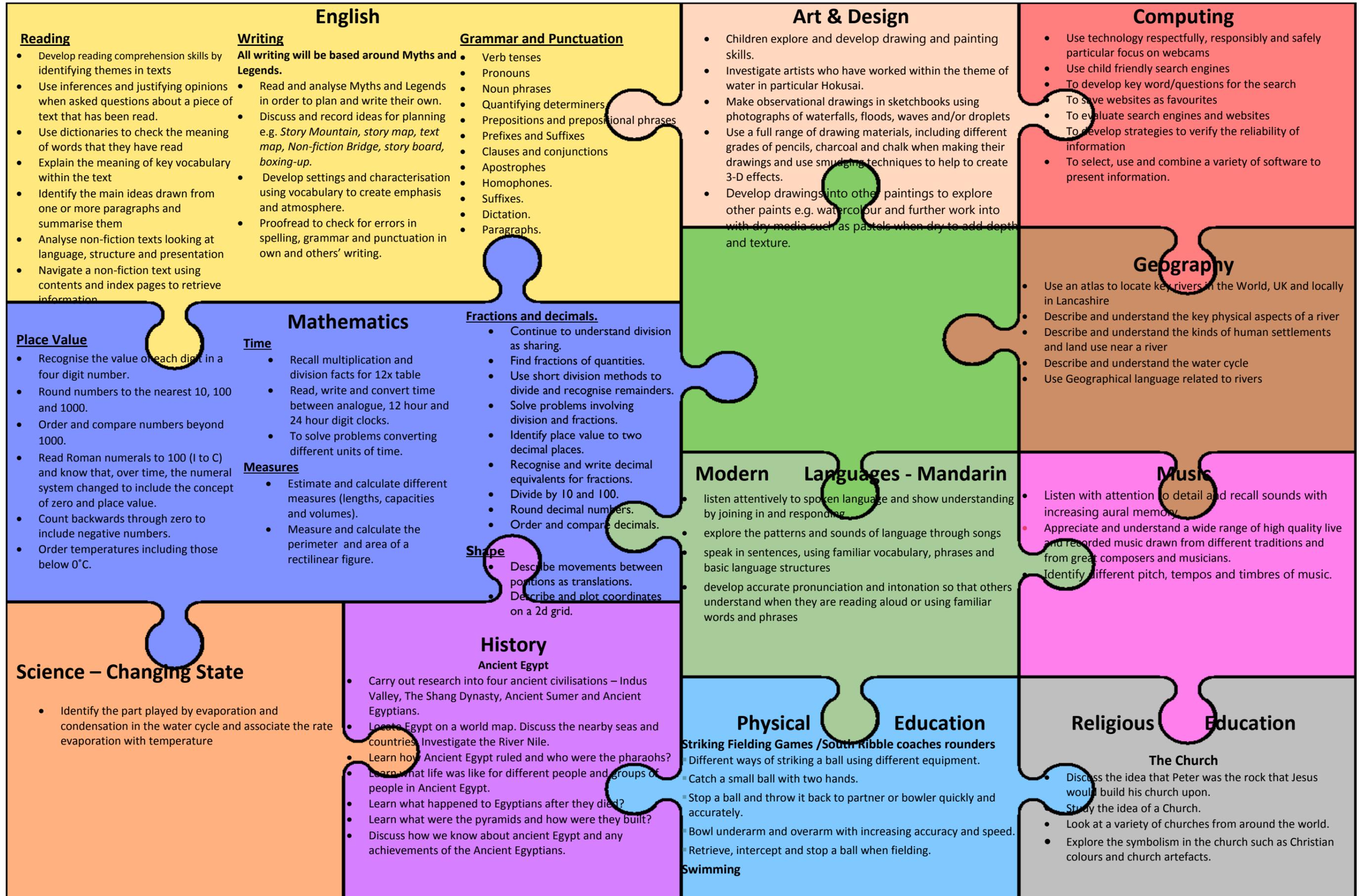


# Curriculum Overview for Year 4 Summer Term First Half 2018



Swim competently, confidently and proficiently over a distance of at least 25 meters, using a range of strokes effectively and perform safe self-rescue in different water-based situation.